



Saint Joseph's, Saint Anne's & Holy Family And Saint Patrick's
8th February 2026 - Fifth Sunday in Ordinary Time, Year A
Served By The Discalced Carmelites
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Mass Readings for The 8 th February 2026, Fifth Sunday in Ordinary Time, Year A	
1 st Reading	Isaiah 58:7-10
Responsorial Psalm	Psalms 112:4-5, 6-7, 8-9
2 nd Reading	1 Corinthians 2:1-5
Alleluia	John 8:12
Gospel	Matthew 5:13-16

1st Reading - Isaiah 58:7-10

7 Thus says the LORD: Share your bread with the hungry, shelter the oppressed and the homeless; clothe the naked when you see them, and do not turn your back on your own.

8 Then your light shall break forth like the dawn, and your wound shall quickly be healed; your vindication shall go before you, and the glory of the LORD shall be your rear guard.

9 Then you shall call, and the LORD will answer, you shall cry for help, and he will say: Here I am! If you remove from your midst oppression, false accusation and malicious speech;

10 if you bestow your bread on the hungry and satisfy the afflicted; then light shall rise for you in the darkness, and the gloom shall become for you like midday.

Responsorial Psalm - Psalms 112:4-5, 6-7, 8-9

R. (4a) The just man is a light in darkness to the upright.

or:

Alleluia.

4 Light shines through the darkness for the upright; he is gracious and merciful and just.

5 Well for the man who is gracious and lends, who conducts his affairs with justice.

R. The just man is a light in darkness to the upright.

or:

Alleluia.

6 He shall never be moved; the just one shall be in everlasting remembrance.

7 An evil report he shall not fear; his heart is firm, trusting in the LORD.

R. The just man is a light in darkness to the upright.

or:

Alleluia.

8 His heart is steadfast; he shall not fear. Lavishly he gives to the poor;

9 His justice shall endure forever; his horn shall be exalted in glory.

R. The just man is a light in darkness to the upright.

or:

Alleluia.

2nd Reading - 1 Corinthians 2:1-5

1 When I came to you, brothers and sisters, proclaiming the mystery of God, I did not come with sublimity of words or of wisdom.

2 For I resolved to know nothing while I was with you except Jesus Christ, and him crucified.

3 I came to you in weakness and fear and much trembling,

4 and my message and my proclamation were not with persuasive words of wisdom, but with a demonstration of Spirit and power,

5 so that your faith might rest not on human wisdom but on the power of God.

Alleluia – John 8:12

R. Alleluia, alleluia.

12 I am the light of the world, says the Lord; whoever follows me will have the light of life.

R. Alleluia, alleluia.

Gospel – Matthew 5:13–16

13 Jesus said to his disciples: "You are the salt of the earth. But if salt loses its taste, with what can it be seasoned? It is no longer good for anything but to be thrown out and trampled underfoot.

14 You are the light of the world. A city set on a mountain cannot be hidden.

15 Nor do they light a lamp and then put it under a bushel basket; it is set on a lampstand, where it gives light to all in the house.

16 Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Father."

Saint(s) Of The Day

- Saint Jerome Emiliani
- Saint Josephine Bakhita
- Blessed Esperanza de Jesus
- Blessed Josephina Gabriella Bonino
- Saint Laureatus of Rome
- Blessed Peter Igneus
- Saint Invenzio of Pavia
- Blessed Jacoba de Settesoli
- Saint Stephen of Muret
- Saint Cuthman of Steyning
- Saint Kigwe of Monmouthshire
- Saint Oncho of Clonmore

- Saint Elfleda of Whitby
- Saint Cointha of Alexandria

Saint Honoratus of Milan

St Honoratus of Milan was also known as Onorato. He became the bishop of Milan, Italy in 567 AD during a time when there was theological conflict with the Arians, battlefield conflict with invading Lombards. Honoratus opposed both, but was driven into exile and never returned to his see. He died in 570 AD.

Saint Meingold

St Meingold was also known as Mengold, or Meingaud. She was a member of a noble family in Liege, Belgium, in the County of Huy, Belgium. She was known for his holiness. She was assassinated in 892 AD while returning from a pilgrimage; the killers cared nothing about his faith and killed him for purely political reasons. She is the patron saint of bakers and of Huy, Belgium

Blessed Ermanno of Foligno

Blessed Ermanno of Foligno was born in the late 12th century and died of natural causes in 1256 AD. He was Franciscan friar minor at the convent in Foligno, Italy mostly known as a miracle worker. He was interred in the San Feliciano Cathedral in Foligno, Italy.

Saint Paul of Verdun

St Paul of Verdun died in 649 AD. He was a courtier, a hermit on Mount Voge (modern Paulberg) near Trier, Germany and a monk at Tholey, Germany. Additionally, He was a bishop of Verdun, France.

Saint Mlada of Prague

St Mlada of Prague, also known as Mary of Prague or Mileda of Prague, died in 994 AD. She was the daughter of Duke Boleslav of Czechia and the founder of the Convent of Saint George in Prague (in the modern Czech Republic).

Saint Nicetius of Besançon

St Nicetius of Besançon, also known as Nizier of Besançon, died in 611 AD. He was a bishop of Besançon, France and also a friend of St Columbanus of Luxeuil.

Saint Isaias Boner

St Isaias Boner was born in at Cracow, Poland and died in 1471 AD. He was an Augustinian hermit, a theologian and an exceptional professor of Holy Scripture within the order.

Saint Giacuto

St Giacuto, also known as Iacuto, was a brother of St Winwaldo and St Guethnoc. In addition, he was a monk and a founder of a monastery in Brittany near the sea and led it as abbot until his death.

Saint Sebastian of Armenia

St Sebastian of Armenia, also known as Aemilian, was an Armenian monk and also a martyr.

Saint Dionysus of Armenia

St Dionysus of Armenia, also known as Aemilian was an Armenian monk and also a martyr.

Saint Emilian of Armenia

St Emilian of Armenia, also known as Aemilian, was an Armenian monk and also a martyr.

Saint Cyriacus of Rome

St Cyriacus of Rome died in Rome, Italy as a martyr.

Saint Lucius of Rome

St Lucius of Rome died in Rome, Italy as a martyr.

Saint Paul of Rome

St Paul of Rome died in Rome, Italy as a martyr.

Saint Ruidche

St Ruidche was a nun born in 9th-century Ireland.

Saint Gisela

St Gisela died as a nun in 1277 AD.

Four Mercedarian Evangelists

Four Mercedarian Evangelists were the four Mercedarian friars. They evangelized the area of Provence (in modern France), working to convert Muslims and free enslaved Christians.

Their names are;

Blessed Alfonso de Riera

Blessed Francesco de Aretto

Blessed Dionisio Rugger

Blessed Francesco Donsu

Martyrs of Constantinople

Martyrs of Constantinople was a community of 5th-century monks at the monastery of St Dius in Constantinople. They were imprisoned and martyred for loyalty to the Vatican during the Acacian Schism. They died in 485 AD in Constantinople.

Martyrs of Persia

Martyrs of Persia were an unknown number of Christians murdered in early 6th-century Persia. Legend says that so many miracles occurred through the intercession of these martyrs that the king decreed an end to the persecution of Christians.

Catholic Sunday Mass Readings Homily - For The 8th February 2026 - Fifth Sunday in Ordinary Time, Year A

Today's 8th February 2026 Catholic Sunday Mass Readings Homily Theme: You are the Light of the World - Matthew 5:13-16

Sick Of the Parish:

	Please pray for all the Sick in our three Parishes "My Payers and Good Wishes to All."
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Mass Times For the weekend:

Saturday Night Mass Times	
Saint Josephs	5:30pm

Sunday Mass Times	
Saint Joseph's	9:30am
Saint Anne's & Holy Family	11:00 am
Saint Patrick's Ryhope	9:30 am

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